



INTERNATIONAL ACADEMY

*Train like a professional.
An academy to live out
your dreams.*



01/

WHAT IS REAL VALLADOLID C.F. INTERNATIONAL ACADEMY?

A **high-performance football program** where you can live and train like a professional with the Real Valladolid C.F. methodology, with all the necessary tools for each participant to enhance their sports career at the highest level, combined with an excellent academic training.

We cover all the needs of participants and families.

02/ WHAT IS THE PROFILE OF THE PARTICIPANT?

PROFILE OF THE PARTICIPANT

Boys and girls from 13 years old from all over the world whose goal is to live a full high performance experience and bring their football to to the next level.

“Develop your best version, your future is in the best hands”

03/

SUCCESS FACTORS: YOUR FUTURE STARTS WITH US



IMMERSION EXPERIENCE

The program guarantees a **complete immersion in the reality of Real Valladolid C.F.**, (facilities, planning, values and methodology), and in the **cultural wealth of Spain** (language, climate, gastronomy, traditions and cultural activities).



FOOTBALL DEVELOPMENT

Sports training focuses on the **technical and tactical improvement** of the participant, offering a top-level sports program.



FULL SCHOOLING

Academic-personal training in prestigious private centers in the city, which guarantees the perfect combination between your education and high performance football.



CHOOSE YOUR PROGRAME

Choose the plan that best suits your needs: annual, half-year, quarterly, monthly and tailor-made program.

04/ WORK AREAS

FOOTBALL ASPECTS



We offer a **complete sports training** based on holistic programs of Real Valladolid C.F. that include the physical, technical, tactical and theoretical part of football.

SCHOOLING



We train our players to reach their objectives both within and outside of the field ensuring an **excellent educational offer**.

CULTURAL EDUCATION



Not everything is football and education: participants will have the opportunity to **enjoy leisure activities** during their stay.

05/ WHAT WE OFFER?



INTERNATIONAL ACADEMY

Cultural exchange environment with colleagues from all over the world. Spanish and English bilingual program.



HIGH PERFORMANCE PROGRAM

Individualized high performance training plan and physical preparation through the **elite methodology of the Real Valladolid C.F.**



IMMERSION IN THE REAL VALLADOLID C.F.

Access to Real Valladolid C.F. matches and training sessions, **Meet & Greet with the first team**, competitive immersion in local teams, master-class with coaches and more.

05/ WHAT WE OFFER?



CONTINUING ACADEMIC TRAINING

We guarantee excellence criteria at the academic level in **international schools**, academic follow-up and full study **credit homologation**.



FIRST LEVEL COACHES

Team of professionals with accredited excellence. Practical sessions, theoretical masterclasses and technical and evolution reports.



SPORTS FACILITIES OF REAL VALLADOLID C.F.

Unbeatable location in the sports complex attached to the **José Zorrilla Stadium with first-rate services.**

05/ WHAT WE OFFER?



HIGH QUALITY SERVICES

We manage all the needs of participants and families: **Sports physiotherapy, official uniforms, medical insurance, transfer service, security and parental control. Visa and documentation management.**



ACOMMODATION AND FULL BOARD

First class residence with all services included and an unbeatable atmosphere.



LEISURE AND CULTURE ACTIVITIES

The program includes **leisure activities** during your stay to complete the experience.

06/ TRAINING PROGRAM

SPORTS TRAINING

Theoretical and practical training program given by a first level technical team.

* We officially register all players in the Spanish National Football Federation.

PRACTICAL TRAINING

- 12 hours a week of football.
- Competitive immersion in local teams.
- Individualized physical preparation and conditioning plan.
- Establishment of 5 areas of individual technical improvement.
- Evaluation of strengths and weaknesses and decision making according to your position.

THEORETICAL TRAINING

Weekly lectures and training seminars aimed at teaching subjects such as football systems, rules and nutrition.

06/ TRAINING PROGRAM

ACADEMIC TRAINING

Continuing international
academic training
program - tailor-made.

SCHOOLING

- **International School of Valladolid:** private English-Spanish school.
- **French Lyceé of Castilla and León:** prestigious French educational system.

LANGUAGE COURSE

- Spanish and English: ask for details.

COMPLEMENTARY SERVICES

- Tutoring and study assistance (on request).
- **Validation and approval of studies** (previous and subsequent).

07/ PROGRAMS

ANNUAL

For those who think big.

10-month

HALF-YEAR

Half a course to become a professional.

5-month

QUARTERLY

An unforgettable term.

3-month

MONTHLY

One month of work to meet your goals.

1-month

TAILOR-MADE

Perfect personalized program for you.

What do you need?

Dates: September to June.

OPEN REGISTRATION *

All the programs include:



Boys and girls from 13 years old



High-level football development



All-inclusive residence

08/ SCHEDULE

WEEKLY PROGRAM

8:00	Start of the day and breakfast
9:00	Academic education
17:00	Training
20:30	Study, Mentoring and Private Tuition
21:00	Dinner
22:45	Free time

SATURDAY PROGRAM

8:00	Start of the day and breakfast
9:00	Study, Mentoring and Private Tuition. Free time
13:30	Lunch
16:00	Leisure activity
22:45	Dinner

SUNDAY PROGRAM

9:00	Start of the day and breakfast
10:00	Friendly match
14:30	Lunch
16:00	Study or Free time
21:00	Dinner

09/ PLANNING

Football	48 hours/month
Physical, technical, tactical and theoretical training	24 days/month
Masterclass and sports lectures	8 hours/month
Individualized plan implemented by physical trainer	1 (initial)
Performance Report	1 (initial)
Biomechanical Study	1 (initial)
Attendance to matches of the first team at José Zorrilla Stadium	Local matches
Results achieved and recommendations for the future	1 (at the end)
Study , private tuition and mentoring	44 hours/month

10/ SPORTS FACILITIES

REAL VALLADOLID C.F. CITY

Real Valladolid Sports City is made up of the Fields Attached to the José Zorrilla Stadium, separated by about 20 meters of pedestrian crossing.

- 2 natural grass pitches
- Artificial grass pitch
- Capacity for 1.500 spectators.
- Locker room
- Cafeteria



10/ RESIDENCE

CASTILLA Y LEÓN RESIDENCE

The Castilla y León Residence is located in the center of the city, a few minutes from the training centers and the sports city. An environment that offers both academic and leisure and rest needs.

12,000 m2 between residence and decks that accommodate hundreds of students.

Services: Individual rooms, full bathroom, internet, laundry service, study areas, gym, dining room, 24h reception, parking and visits.



10/ INTERNATIONAL SCHOOLS

INTERNATIONAL SCHOOL OF VALLADOLID

English-Spanish bilingual private school where the student is the true protagonist of the learning process. 10 minutes from sports facilities.

<https://valladolid.iepgroup.es/>

FRENCH LYCEÉ OF CASTILLA AND LEÓN

Multilingual and bicultural French teaching center that welcomes children of all nationalities. 15 minutes away from sports facilities.

<https://lfcyl.org/>





REAL VALLADOLID
CLUB DE FÚTBOL

INTERNATIONAL ACADEMY

by **CAMPUS AND SPORTS
EVENTS**